

The Passion & Purpose Finder Workbook

MUCH ADD ABOUT PURPOSE

Purpose is usually like a big elephant in the room which no one talks about. It is one phenomenon that has been wrapped in mystery over the years by a lot of gurus and masters who actually seek to provide direction to many young and wandering minds.

The truth is many of us long to have this sense of purpose, this sense of living a meaningful life that truly impacts on everyone around us. Those who seek purpose are usually ambitious and in need of validation that they are indeed adding value to humanity which I think is a very noble thing to do.

Here are some of my personal beliefs about purpose:

- It is higher than you. People who are all about themselves or their immediate family don't think about purpose and surely cannot think of finding it.
- It is motivated from the 'made for more' awareness.
- It is found by the diligent. A lot of people waste away as they wait for purpose whereas it can only be found while giving your best to what is at hand.

This worksheet will help you find your core passion - and then align it with what you consider to be your core abilities so that you can achieve purpose - which is what you really want to spend the rest of your life doing or what you want to start doing right away if you are not in it already. I have used this tool and I can say it worked for me because it opened my mind to a lot of opportunities.

TO GET THE BEST OUT OF THIS WORKBOOK, YOU NEED TO PRINT IT OUT AND FOLLOW THE INSTRUCTIONS ON EACH EXERCISE.

PART 1

The Personal Test:
(This is your personal awareness of your passion)

1. What are the top 3 things you love to do generally?

2. What is the one thing you know you can do better or faster than the average person out there?

3. What subject matter dominates your library/reading?

4. What kind of pictures do you share on social media?

5. What is the recurrent theme in your messages or posts on social media?

6. What is the level of expertise you have mastered?

7. What have you done in the past that you enjoyed and wished you could go back to doing?

8. What things do you find yourself doing seamlessly or effortlessly but others admire you greatly for it?

9. What is the one thing you can talk about endlessly without getting tired?

10. If you had only one chance to solve a particular problem for millions of people, what would the solution be?

The People Test:

(This simply means what those around you are saying)

11. What problems do your friends and family consider you a solution to?

12. What services have you offered for free that someone thanked you for or appreciated you for but to you it was nothing?

13. What do people say you are good at and maybe hint you go into as a business?

14. If you had the power to meet 3 legends you believe can help you in life, who are they and what specific things would you like to learn from them?

15. Imagine you are talking to a crowd in their thousands, what are you likely to be talking about?

The Future Test:
Where you see
yourself in the
future?

16. If you could get certifications or awards in specific areas of life, what would it be?

17. When you think of yourself 10/20 years from now, who do you see yourself as?

18. If you could stamp your name on one thing in life, either as a founder, what would it be?

19. If you find yourself ever writing a bestselling book, which impacts millions of people, what would it be about?

20. When you die, what do you want the world to remember you for?

Key

If you have one answer occurring more than 5 times, you may want to look deeper into this and then see how you can actually build a business around it.

If you are not sure if it would be a good idea to start a business around it, visit Google and type in the word and 'business' right in front of it to see the business options available to you in that field. Then be sure to use the Successful Business Idea Validator to validate it; you can get it here: www.JamieJBoss.com/biv/

PART 2

Digging Deeper

The Ability Test

What unusual or uncommon abilities do you have that people admire you greatly for even though you think it is absolutely normal?

Instructions:

Write out your top 3 natural abilities as you may have experienced it.

Right away, come up with at least 5 of the above abilities that you know you are currently good at.

- 1. Entertainment Ability:** To perform, act, speak, sing
- 2. Recruitment Ability:** To enlist and motivate people to get involved
- 3. Interview Ability:** To discover what others are really like
- 4. Researching Ability:** to read, gather information, collect data
- 5. Artistic Ability:** to create and design
- 6. Graphics Ability:** to lay out, design, create visual displays or banners
- 7. Evaluating Ability:** To analyze data and draw conclusions
- 8. Planning Ability:** to strategize, design and organize programs and events
- 9. Managing Ability:** to supervise people to accomplish a task or event and coordinate the details
- 10. Counseling/ Encouraging Ability:** to listen, encourage and guide with sensitivity

11. Athletic ability: to coach or participate in a sport
12. Teaching Ability: to explain, train, demonstrate, tutor
13. Linguistic Ability: to speak and write in many languages
14. Writing Ability: to write articles, letters, books
15. Editing Ability: to proofread or rewrite
16. Promoting Ability: to advertise or promote events and activities
17. Repairing: to fix, restore, maintain
18. Hobby related ability: to work with your hands such as knitting, cooking, repairing, etc.
19. Feeding Ability: to create meals for large or small groups
20. Recall Ability: to remember to recall names and faces
21. Mechanical Operating Ability: to operate equipment, tools and machine

22. Technical Ability: to operate/ repair equipment
23. Resourceful Ability: to search out and find inexpensive materials or resources need
24. Counting Ability: to work with numbers, data and money
25. Classifying Ability: to systematize and file books, data, records and materials so they can be retrieved easily
26. Public Relations Ability: to handle complaints and unhappy people with care and maturity
27. Welcoming Ability: to convey warmth, develop rapport, make others feel comfortable
28. Musical Ability: to sing or play musical instrument
29. Landscaping Ability: to do gardening and work on plants
30. Decorating Ability: to beautify a setting
31. Others

Industry Test

Which of these 16 Basic areas of human / societal needs do you have strong interest in?

Instruction:

Write 3 industries in which you feel you can make the greatest impact. I strongly advise that you should not pick more than 3 in any of the sections below and ensure you list them in their order of importance. Go through the list carefully and pick your top 3 according to priority.

For me, the basic areas of human needs that interest me the most are: Productivity, Self-actualization and Business & Finance while fashion, beauty, feeding and health are no areas of interest to me per se.

1. Feeding
2. Accommodation
3. Clothing and fashion
4. Relationship and Love
5. Health
6. Transportation
7. Technology
8. Education
9. Fun, Leisure and Entertainment
10. Beauty
11. Self-Actualization
12. Security
13. Value system, Honor and Respect
14. Productivity
15. Sports
16. Business and Finance

Now write your name -

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The Impact Test

Which of these PEOPLE do you feel you can make the greatest impact on?

This section is to enable you go deeper and streamline your area of passion as it relates to who you think will be impacted the most with your passion. This can be as a result of your experience or the information you think you currently have at your disposal.

Instruction: Do not choose more than 3 categories

For me, I would love to impact or work with Women, Career people and High School Students in that order.

Now write yours here

1. Infant/Babies
2. Toddlers
3. Preschool Children
4. Elementary Children
5. Junior High Students
6. High School/College students
7. Career people
8. Children with disabilities
9. Young couples
10. Women
11. Men
12. Singles
13. Single Parents
14. Families
15. Married Couples
16. Older Adults 50+

The Cause Test

If you want your name to be implanted in any cause of life, what cause will it be? What topic do you get excited about that you often find yourself talking endlessly about it?

Instruction: Write out 3 of the following CAUSES you feel you want to champion.

Go through the list carefully and select your top 3.

For me, it is education
(not the traditional
school system please!)
followed by business
and economy and then
financial management.

Now write yours here

1. Parenting
2. Families/ Marriage
3. At-Risk Children
4. Abuse/ Violence
5. Financial Management
6. Divorce Recovery
7. Disabilities and / or Support
8. Deafness
9. Blindness
10. Law and/ or Justice System
11. Sanctity of Life Issues
12. Homelessness Issues
13. Drug and Alcohol Recovery
14. Compulsive Behaviour Recovery
15. Illness and/ or Injury
16. Sexuality and / or Gender Issues

When I see people who are homeless, of course I am moved but not as moved as when I see people making wrong choices because they are ignorant. I actually become sad whenever I see people struggle for money because I believe anyone, armed with the right information, can make money. Actually, my core values are Knowledge, Expertise, Execution and Passion.

17. Education
18. Religion
19. Policy and/ or Politics
20. Business and Economy
21. Race
22. Relief Efforts
23. Ethic
24. Health and/ or Fitness
25. Science and Technology
26. Environment
27. International and Global Affairs
28. Regional, State or Federal
29. Community/Neighborhood
30. Marketing and Sales

* This is not an exhaustive list so feel free to include what may not be here.

Key

We can then conclude that your gifts are the results you have from your **Ability Test** and you can employ them in the **Industries** you have selected with the **People** you enjoy working with to promote the **Causes** that you are passionate about.

You can further niche down by selecting only one of each categories. For example, *I say my own purpose is related to: 'using my teaching, writing, planning and managing abilities to transform (through fresh knowledge and innovation) women in the business and economic sphere to become self-actualized and be the best they can ever be.'*

Now, I know this can sound a bit awkward at first, but trust me, if you did these exercises truthfully, you are most likely closer to the truth than not.

If you want, I can show you how you can work with the data you have gathered here in the 5th chapter of my book - **How To Make Millions Doing What You Love**, where I shared on 'Finding Your Core Purpose'.

Please go to the link below to get your copy either as an e-book or delivered to you for free within Nigeria and you can also pick a copy on Amazon.

www.femiajoba.com/millionsbook

Finally: If you need an exclusive and intensive session on purpose discovery, I strongly recommend you contact Coach Peterson Adeniji on Facebook or [jack_coachpeterson](https://www.instagram.com/jack_coachpeterson) on Instagram. He does an amazing job and I recommend him without reservations.

Have we met?



Hi!

My name is Terri Agnew, popularly known as #TheGoddessTerri. I am an inspirational speaker and the author of the Amazon best-selling book *How to Make Millions Doing What You Love!*. I am a certified life and business strategist with a passion for helping passionate individuals like you, to build a profitable business around what they love and gifted at so that they can create impact, influence and abundance in life and marketplace. I wasn't always this clear about my passion or purpose. In fact, I had a profitable business I was just doing to pay the bills. I knew I didn't want to continue in that life but I wasn't sure what to do either because I had lots of abilities as a multi-talented person. This was frustrating until I went through some of the process I have shared with you in this workbook. I trust that you will be greatly helped too after going through the process. If you have found this workbook very helpful and would like to work with me to help you create impact, influence and income doing what you love, then check out my signature program here: [Circle with Terri at www.terriagnew.com/terriagnew](http://Circle-with-Terri.com/terriagnew.com/terriagnew)

Let's connect.

You can find me easily on Instagram @terriagnew or in my Facebook group - [Terri for Africa](https://www.facebook.com/groups/terriagnew). For more information about me or my services, kindly visit www.terriagnew.com